



## THE MEDITATED ROSARY OF THE FLAME OF LOVE OF THE IMMACULATE HEART OF MARY

The meditations are taken From the Spiritual Diary of Elizabeth Kindermann

### Joyful Mysteries Monday and Saturday

#### The Annunciation [Humility]

Grant us, Mary, by the graces of this mystery, a listening heart that responds to the call of the Lord with a loving yes joined to yours.



**Mary:** "My little Carmelite, so many sins are committed in this country. Help me. Let us save the country. I place a beam of light in your hands; it is the Flame of Love of my heart. Add your love to this Flame and pass it on to others, my little one." (April 13, 1962)

#### The Visitation [Love of Neighbor]

Open our hearts, Mary, to give joyfully and without counting and in a gratuitousness of love, as you did at the Visitation.



**Mary:** "I would like to place in your hands a new instrument, which I want you to accept and appreciate the importance of, because my heart looks upon my country with great affliction." (Good Friday, April 13, 1962)

#### The Nativity of Jesus [Poverty]

Mary, tenderness of the poor, make us discover the true wealth of the Kingdom, you who lived them at the birth of Jesus. **Jesus:** "Let only the Holy Spirit of Love fill



your heart. Love Me as an infant wrapped up in his white swaddling clothes. Seek Me like My Mother once sought Me among the crowd with an anxious heart. And wherever you are, rejoice because of Me!" (April 20, 1962)

#### Presentation of Jesus in the Temple [Purity of Heart and Body]

Grant us, Mary, that we may recognize the Light of God in our lives, as Simeon did recognize it at the Presentation of Jesus.



**Mary:** "The soft light of my Flame of Love will light up, spreading fire over the entire surface of the earth. Satan, humiliated and reduced to powerlessness, will not be able to exercise his power." (November 27, 1963)

#### Jesus is Found in the Temple [Devotion to Jesus]

Mary, who have welcomed in faith the mystery of the mission of your Son in the Temple, make us obedient to God's plan.



**Mary:** "I can no longer hold back my Flame of Love in my heart. Let it leap out into all of you...." "Those accepting the Flame of Love will be intoxicated by the abundance of graces and they will proclaim everywhere, as I said before, that such a torrent of grace has never been granted since the Word became Flesh." (Nov. 7, 1963)

### Luminous Mysteries

Thursday

#### Baptism in the Jordan [Openness to the Holy Spirit]

O Mary, who kept everything in your Heart, make us attentive to God's presence and grateful for the privileged grace of our baptism.



**Jesus:** "Oh, with what love I suffered for all to obtain forgiveness for your sins from the heavenly Father. I beg you to help Me, so that many souls may recover this beautiful garment of grace which they received at Baptism." [His voice was imploring.] (March 23, 1963)

#### The Wedding at Cana [To Jesus through Mary]

O Mary, Virgin of Cana, ask Jesus to change our hearts so that we may live ever more in the great freedom of God's children.



**Mary:** "Keep vigil over the silence of your soul, my little Carmelite. Give no entrance even to a whisper that might disturb the silence of your soul. Our words will continue to echo if you listen with humility and holy devotion." (October 9, 1963)

#### The Proclamation of the Kingdom [Conversion]

By your unceasing prayer, Mary, obtain for us to be authentic witnesses of the Good News of Jesus Christ.



**Jesus:** "I choose you, My little one, to be the bearer of My Divine Mercy. Fill yourself with the abundance of My Divine Mercy and when you open your mouth to speak, proclaim the mercy of My Heart burning of desire for sinners.

Let your whole life be a burning desire to take part in My work of Redemption through prayer, sacrifice and desire." (May 4, 1962)

#### Transfiguration of Jesus [Desire for Holiness]

Mary, help us to be transformed by the Holy Spirit so we become your instruments of grace.



**Jesus:** "Burn like the bush that burned but was not consumed. I need a similar sacrifice which is never consumed, and of which the flame burning from love touches Me." (August 1. 1963)

#### Institution of the Holy Eucharist [Adoration]

O Mary, Virgin of Contemplation, help us to increase our intimacy with Jesus in the Eucharist, the Bread of Life of every day.



**Mary:** "The participation in the Holy Mass is what helps the most to blind Satan. Tormented and breathing out terrible vengeance, he wages a ferocious battle for souls since He feels the impending coming of his blindness." (Nov. 22, 1962)

## Sorrowful Mysteries

Tuesday and Friday

### Agony in the Garden [Obedience to God's Will]

"My Father, if it is possible, let this cup pass Me by, nevertheless, let it be as You, not I, would have it." Mary, please take our sacrifices and console the heart of Jesus.



**Mary:** "I am the Mother of Sorrows, I suffer greatly because of the souls being lost. I am tortured in pain as I grieve for the suffering of my Divine Son. Never despise any tiredness, be my eternal companion helping me bear my sufferings. This is what I ask of you."

(November 19, 1962)

### The Scourging at the Pillar [Mortification]

May our suffering, united to the scourging of Jesus, become a prayer of offering to the world.



**Mary:** "I, the Mother of Sorrows, feel as if, with each of your sufferings, you pour medicinal balm upon the wounds of my Divine Son."

(May 4, 1962)

### The Crowning with Thorns [Courage]

May the thorns of our heart make the garden of our life blossom in faith with You, Mary.



**Jesus:** "With all the love of your heart, immerse yourself in My sorrowful Passion. When you arise in the morning, recall what was awaiting Me the entire day after the terrible torments of that night"

(April 10, 1962)

### Jesus Carries the Cross [Patience]

May our daily cross be made lighter by the sorrowful Cross of Jesus, which has become glorious by His Resurrection.



**Jesus:** "While at work, contemplate the Way of the Cross and consider that I did not have any moment of rest. Totally exhausted, I was forced to climb the mount of Calvary. There is much to contemplate." (April 10, 1962)

### The Crucifixion [Sorrow for our Sins]

May the final words uttered by Jesus on the Cross become seeds of life, love and forgiveness in all hearts.



**Jesus:** "You, My little friend, with what joy I look at you. I thirst for every one of your words because these quench My yearning for souls. I have written My teaching and My thirst for souls deeply upon your soul. While I was hanging on the Cross, I cried out in a loud voice: 'I am thirsty.' I say these same words to all, especially to the souls consecrated to Me." (August 18, 1964)

### Glorious Mysteries

Wednesday and Sunday

### The Resurrection of Jesus [Faith]

Through the power of Your Resurrection, grant us Lord the taste of life, and reach out to those who have lost its meaning.



**Jesus:** "Desire to share in My work of Redemption! Let this be the supreme goal of your lives, the most valuable gift that you can bring to Me. Take advantage of every opportunity and every means to save souls. Work at it!" (January 15, 1964)

### The Ascension of Our Lord [Hope]

"Why are you standing here looking into the sky? Go out proclaim the Good News." May we become, O Lord, authentic witnesses of Your Resurrection.



**Jesus:** "Do not be attracted by the passing comfort of this world. The coming of My Kingdom must be your only purpose in life. (August 8, 1962)

### The Descent of the Holy Spirit [Wisdom]

Send forth Your Spirit, Lord, and give us the boldness of Your true disciples.



**Jesus:** "Have confidence and always refer to the Flame of Love of My Holy Mother because the Three Divine Persons are obligated to her. Through her, you can receive the graces you ask for. She is the Spouse of the Holy Spirit and her love warms up the hearts and souls which have grown cold in the world. Then, waking up with renewed energies, you will be able to rise towards God." (October 19, 1962)

### Assumption of Mary into Heaven [Devotion to Mary]

"I am the Resurrection and the Life." May these words, Mary, maintain us in the hope and the certainty of an eternal tomorrow.



**Mary:** "My little one, I unite you firmly with me. The Flame of my heart, that I entrusted you, will project onto you its rays of abundant graces. This will continue even in Heaven." (October 5, 1962)

### The Coronation of Mary in Heaven [Grace of a Happy Death]

O Mary, crowned in glory, enkindle us continually by the Flame of Love of Your Immaculate Heart.



**Jesus:** "On this day, venerate Our Mother in a special way with a very particular tenderness. As you are well aware, she is the Mother of all graces. Wish that she be venerated on earth as she is venerated in Heaven by the multitude of angels and saints." (April 10, 1962)

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### Petition requested by Jesus & Mary

On February 2, 1982, Jesus told Elizabeth Kindelmann, "It is exclusively thanks to the efficacious pleas of the Most Holy Virgin that the Most Holy Trinity granted the effusion of the Flame of Love. By it, ask in the prayer with which you greet My Most Holy Mother: 'Spread the effect of grace of thy Flame of Love over all of humanity, now and at the hour of our death. Amen.' So that, by its effect humanity is converted."

The Most Holy Virgin added: "I do not want to change the prayer by which you honor me; by this petition, I want rather to shake humanity. This is not a new prayer formula; it must be a constant supplication."

Holy Mary, Mother of God, pray for us sinners, **SPREAD THE EFFECT OF GRACE OF THY FLAME OF LOVE OVER ALL OF HUMANITY**, now and at the hour of our death. Amen.