



The FLAME OF LOVE OF THE IMMACULATE HEART OF MARY

from the Spiritual Diary of Elizabeth Kindelmann



Prayer to Pass the Flame of Love

Now we will say the Prayer for Receiving the Flame of Love. The prayer begins with a renewal of the Baptismal promises:

- Do you renounce Satan? **I do.**
- Do you renounce all his works? **I do.**
- Do you renounce all his seductions? **I do.**
- Do you believe in God the Father Almighty, Creator of Heaven and earth? **I do.**
- Do you believe in Jesus Christ, His only Son, Our Lord, who was conceived by the power of the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried? **I do.**
- Do you believe that Jesus descended into hell; and on the third day rose from the dead, ascended into Heaven and now sits at the right hand of God, the Father Almighty? **I do.**
- Do you believe in the Holy Spirit, the Holy Catholic Church, the Communion of Saints, the forgiveness of sins, the resurrection of the body, and life everlasting? **I do.**

Close your eyes and imagine yourself clothed in a spotless, white garment, a symbol of your soul at Baptism and an image of a future life in Heaven.

Now, envision an enormous Flame of Fire. You enter into the blaze. Do not be afraid. The Fire is Jesus, Himself, the Flame of Love. You are not alone, the Blessed Mother is with you. You are in the deepest part of her Heart, immersed in her Flame of Love. Our Lady fills you with great desires to accept more and more of this Flame. Surrender to the Flame and to having Jesus consume your whole life.

Now, accompany Jesus and Mary through the Mysteries of the Rosary. Through her Fiat, the Word is made Flesh in the Womb of the Blessed Mother. Upon Mary's greeting at the Visitation, Jesus sanctifies John the Baptist, who leaps for joy. Jesus is born in poverty and is laid in a manger where the Shepherds and the Wise Men gaze upon the Holy Face of God. At forty days, Jesus is revealed in the Temple as the Light for all nations and the glory of Israel. At twelve, He fills the same temple with His teachings.

At 30, Jesus is baptized. The heavens open and the Spirit of God descends like a dove on Him while the Father speaks, "This is my beloved Son." At Cana, He transforms water into wine. He preaches, heals, drives out demons and proclaims that the Kingdom of God is at hand. He reveals His Glory to Peter, James and John. On the night before His Passion, Jesus institutes the Holy Eucharist, with the words, "This is My Body, This is My Blood."

He goes to the Garden where He accepts the Father's Will. He gives Himself over to men whom Satan uses as his instruments. He accepts the wounds on His back and the thorns upon His head. He accepts the cross, walks to Calvary and dies for you.

At His death, Jesus' soul departs his body and descends into hell to set free the souls of the just. On the Third day, He rises from the dead. Through His glorious Resurrection, Jesus triumphs over sin and death. He appears to His disciples, instructing them to make disciples of all nations, and ascends to the Father's Right Hand. He sends the Holy Spirit upon the disciples, takes His Mother into Heaven, body and soul, and then crowns her as Queen of all Heaven and earth.

Now, having been immersed in the life of Jesus, invite Jesus, the Flame of Love to come into your will. You welcome Him and He enters your heart. You have asked Jesus to be the center of your life. He is your King. Place this fire on the lampstand and Jesus' Light will flood you.

When you receive the Flame with others, you experience the communion of Saints. When one receives, all are blessed. When all receive, each is more blessed.

Right now, the Blessed Mother wants to embrace you and pour out her Flame of Love in great abundance. This is a holy and sacred moment. Imagine the Flame leaping from her heart to yours and Mary giving you the Flame without limits. The Flame of Love is so great that she suffers until the Flame leaves her Heart and goes to yours, because it belongs in our hearts. She gives the Fire far beyond our capacity to receive. She wants to give us gifts that were meant for others but they did not receive. Receive this Flame for everyone — for yourself, your family, your friends.

Be still. The prayer is complete. Our Lady is pouring out the effects of grace of the Flame of Love. You may not realize all she has done for you this day because the effects sometimes unfold slowly and powerfully. Remain in silence and receive.